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| Madelene McCann ma. HEAL Coordinator |Marin Child Care Council  |
| Let’s go on a insect search. Look in the grass and under rocks. Let’s be gental and look at them up close, use a magnifying glass and see what adaptation they have. Large legs? Hard shell? Color? Let’s make a bug hotel and get them all that they would need to be happy. Let’s read them a book, draw a picture of them and identify what kind of insect we have found.  |

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| Using the ideas: Create a conversation, curiosity and excitement with your child around projects to do together. Ask what will be needed to make this project possible? Incorporate your child in critical thinking and the process. The process of finding materials, using them and tidying away is important to develop self-help skills from children as young as two years old. Read the options and themes presented at the top of the pages as suggestions of things to do together. Use the space on the page to draw, write or glue items and photos. This nature connection journal is wonderful to revisit with children and remember time together you had. You can also share it with your school for the children to share with classmates what was done together at home.  |

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