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| Madelene McCann ma. HEAL Coordinator |Marin Child Care Council  |
| Together we can... Find feathers on a walk and try to see what kind of bird they come from. Compare and contrast a shell or leaf with a feather by dropping them at the same time. What if we got the feather wet? What if we trie to paint with it as a paint brush or use the quill. Can we find enough to line them up by color or height? Can we make our own nest with the feather we find and learn the ways in which feather help birds?  |

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| Using the ideas: Create a conversation, curiosity and excitement with your child around projects to do together. Ask what will be needed to make this project possible? Incorporate your child in critical thinking and the process. The process of finding materials, using them and tidying away is important to develop self-help skills from children as young as two years old. Read the options and themes presented at the top of the pages as suggestions of things to do together. Use the space on the page to draw, write or glue items and photos. This nature connection journal is wonderful to revisit with children and remember time together you had. You can also share it with your school for the children to share with classmates what was done together at home.  |

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