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| Madelene McCann ma. HEAL Coordinator |Marin Child Care Council  |
| Together we can... use a mirror and see the world upside down. Look at trees the sky and the house through the mirror. Make bubbles and look for the reflections in the floating orbs. Create our own puddle or find water in nature and look for our reflection in the water.  |

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| Using the ideas: Create a conversation, curiosity and excitement with your child around projects to do together. Ask what will be needed to make this project possible? Incorporate your child in critical thinking and the process. The process of finding materials, using them and tidying away is important to develop self-help skills from children as young as two years old. Read the options and themes presented at the top of the pages as suggestions of things to do together. Use the space on the page to draw, write or glue items and photos. This nature connection journal is wonderful to revisit with children and remember time together you had. You can also share it with your school for the children to share with classmates what was done together at home.  |

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